

Self Psychology

Self Psychology - Self psychology. Though self psychology also recognizes certain drives, conflicts, and complexes present in Freudian psychodynamic theory, these are understood within a different framework. Self psychology was seen as a major break from traditional psychoanalysis and is considered the beginnings of the relational approach to psychoanalysis. **Self Psychology History and Development.** Heinz Kohut, a psychoanalyst who began his career following... **Self Psychology Concepts.** In self psychology, the self is understood to be the center... **The Role of Healthy Narcissism.** Narcissism is a normal part of child development,... **Contributions of ...Self Psychology Psychoanalysis.** By relinquishing his clinical assumption that her anger was an expression of her resistance to the analysis, which he recognized was impeding his ability to grasp the fullness of Ms. F.'s experience, Kohut learned to see and understand things exclusively from her viewpoint. Self psychology was a new paradigm, removed from the topographical mode of “making the unconscious conscious” or the structural mode of “where id was there shall ego be.”²⁸ Also, repression and defenses are looked upon differently in self psychology than in classical psychoanalysis.